



Rewards for Wellness 2018–2019

Annual Preventive Exam

As part of Rewards for Wellness 2018–2019, **complete an annual preventive exam between January 1, 2018–December 31, 2018 and earn \$100 in co-share credit***

Qualifying preventive exams

- Annual physical exam
- Annual gynecological exam
- Cervical cancer screening (annual pap smear)
- Basic metabolic panel
- Colonoscopy
- Mammogram
- Prenatal obstetrical exam



How to complete**

- If you have already had a preventive exam in 2018 that was processed through the UnitedHealthcare claims system, you have already completed this activity. If not, obtain at least one of the qualifying preventive exams between **January 1, 2018–December 31, 2018** in order to earn the \$100 co-share credit.
- UnitedHealthcare automatically tracks your participation through your claims activity.
- **To learn more about completing the annual preventive exam and other Rewards for Wellness 2018–2019 activities, please visit www.employeebenefits.ri.gov/wellness**

Did you know?

Routine health exams and early detection can help prevent serious illness. Even if you're in the best shape of your life, a serious condition with no apparent signs or symptoms may put your health at risk. Visit www.uhcpreventivecare.com to find out which immunizations and screenings are recommended for you and your family.

*All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying medical co-shares based on the Rhode Island State Employee Health Plan rates that are posted at www.employeebenefits.ri.gov are eligible to earn co-share credit incentives.

** OEB cannot track the completion of all your activities. Please use the 2018-2019 Program Calendar to keep track of your completions.